

# Alumni Questionnaire

		Agreement with Statement				
		Low				High
#	Statement					
	By age 18 I had enough money saved up for a deposit and first months rent for my own apartment.	1	2	3	4	5
	I have (or had ) someone who was willing to cosign an apartment lease for me, if needed.	1	2	3	4	5
	I am able to maintain a job and steady income to pay my bills in full and on time (rent, utilities, phone, groceries, etc.).	1	2	3	4	5
		Agreement with Statement				
		Low				High
#	Statement					
	I know how to create a detailed budget.	1	2	3	4	5
	I can stick to a detailed budget.	1	2	3	4	5
	I have a bank or credit union account.	1	2	3	4	5
	I know how to set up a bank or credit union account.	1	2	3	4	5
	I am familiar with loans, credit cards and interest rates.	1	2	3	4	5
	I know how to read a paycheck, including tax deductions.	1	2	3	4	5
	I have someone to talk to if I run into problems with finances or have questions about budgeting.	1	2	3	4	5
	I <b>would like to</b> have someone to talk to if I run into problems with finances or have questions about budgeting.	1	2	3	4	5
		Agreement with Statement				
		Low				High
#	Statement					
	I have completed (or am confident I will complete) high school/GED	1	2	3	4	5
	I felt comfortable and enjoyed my school setting.	1	2	3	4	5
	I was able to participate in school activities of my choosing.	1	2	3	4	5
	I know (or knew) how to get help to complete high school/GED.	1	2	3	4	5
	I felt safe at school.	1	2	3	4	5

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		Agreement with Statement				
		Low				High
#	Statement					
	I am pursuing a career of my choice.	1	2	3	4	5
	I am currently in a post-secondary education or training program.	1	2	3	4	5
	I am not currently enrolled but am planning to enroll in a post-secondary education or training program.	1	2	3	4	5
	I know what a FAFSA is and how to fill it out.	1	2	3	4	5
	I feel comfortable looking for and applying for colleges/technical/vocational schools.	1	2	3	4	5
	I know how to find out about scholarships, grants and other money for school.	1	2	3	4	5
	I know someone who can help me find out about scholarships, grants and other money for school.	1	2	3	4	5
	I know what the ETV (Education Training Voucher) Program is and how to apply.	1	2	3	4	5
		Agreement with Statement				
		Low				High
#	Statement					
	I know how to look for a job.	1	2	3	4	5
	I know how to fill out job applications.	1	2	3	4	5
	I know how to write a resume.	1	2	3	4	5
	I know what kind of questions I will be asked during an interview and how to answer them.	1	2	3	4	5
	I have adequate clothing to dress properly for an interview.	1	2	3	4	5
	I am confident that I can keep a job for at least six months.	1	2	3	4	5
	I feel comfortable talking to my co-workers and/or supervisor about issues/problems.	1	2	3	4	5
	I feel safe at my job.	1	2	3	4	5
	I know all of my options for employment.	1	2	3	4	5
		Agreement with Statement				
		Low				High

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#	Statement					
	I know how to prepare a well-balanced meal, including fruits, meats, vegetables, and grains.	1	2	3	4	5
	I know how to shop for food with little money and still buy nutritious food.	1	2	3	4	5
	Sports, recreational time, and/or exercise are important to me.	1	2	3	4	5
	I know how to do laundry, including what items to separate, what I can wash together, and how much bleach or soap to use.	1	2	3	4	5
	I know how to sanitize and clean my house.	1	2	3	4	5
	I know who to call when something breaks.	1	2	3	4	5
	I know how to report problems with my landlord.	1	2	3	4	5
	I have transportation available to me (private and/or public).	1	2	3	4	5
	I know how to get help in my community.	1	2	3	4	5
#	Statement	<div> <div>Agreement with Statement</div> <div>LowHigh</div> </div>				
	I knew my rights as a foster youth.	1	2	3	4	5
	I knew what to do if my rights were violated.	1	2	3	4	5
	I knew what independent living services were offered in my county/local area.	1	2	3	4	5
	I know what aftercare services are offered to alumni (former foster youth) in my county/local area.	1	2	3	4	5
	I knew I could make the choice to stay in care (and the requirements) and continue working with my CPS caseworker.	1	2	3	4	5
	I know what the requirements are and how to return to foster care (if I am not yet 21.)	1	2	3	4	5
	I knew what the Independent Living Subsidy Program was and how to get involved.	1	2	3	4	5
	I received the Independent Living Subsidy.	1	2	3	4	5
	I knew how much money my group home/foster parents received for me each month and how much was available for my allowance.	1	2	3	4	5
	I received my allowance on a regular basis.	1	2	3	4	5

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	I had regular health and dental check ups.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I saw the doctor/dentist whenever I needed to.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I currently have health insurance or know how to get health insurance.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I know what YATI (Young Adult Transitional Insurance) is and how to get it.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

#	Statement	Agreement with Statement				
		Low				High
	I have gained the skills necessary to have appropriate relationships with the opposite sex as friends.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I have gained the skills necessary to have an appropriate relationship with a partner/spouse.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I was able to date and enjoy “normal” teen activities when I was in foster care.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I have good and supportive friends.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I have at least one person I can go to about anything (including my feelings, to get advice, if I get myself in bad situations, or if I just want to have fun.)	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I have at least five people I can go to about anything.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I was able to spend time with family and friends when I was in foster care.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I was able to express my religious/spiritual beliefs and participate in religious/spiritual activities when I was in foster care.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

#	Statement	Agreement with Statement				
		Low				High
	For the majority of the time I lived away from home, I felt cared for and respected by my caregivers (foster parents, staff at group homes, relatives, etc.).	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	For the majority of the time I lived away from home, I felt safe in my caregiver’s home (foster parent, group home, relative, etc.)	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I would have liked to have closer relationships with my caregivers (foster parents, staff at group home, relatives, etc.)	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	I could not talk to my caregivers (foster parents, staff at group home, relatives, etc.) when I needed to	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

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	because I felt they would tell my caseworker every little thing.					
	I felt like my caregivers (foster parents, staff at group home, relatives, etc.) did not want to get close to me.	1	2	3	4	5
	I felt like my caregivers (foster parents, staff at group home, relatives, etc.) were not allowed to get close to me.	1	2	3	4	5
	I felt like my caregivers (foster parents, staff at group home, relatives, etc.) for the most part, just did not understand what it was like being in the system and did not try to understand.	1	2	3	4	5
	I wanted to have a healthy relationship with my caregivers (foster parents, staff at group home, relatives, etc.).	1	2	3	4	5
	For the majority of the time I was in foster care, I felt respected by CPS (Child Protective Services) caseworkers.	1	2	3	4	5
	CPS (Child Protective Services) caseworkers, for the most part, just did not understand what it was like being in the system and did not try to understand.	1	2	3	4	5
	I think it is important to have an environment where staff and youth/young adults build relationships.	1	2	3	4	5
#	Statement	Low	Agreement with Statement			High
	I benefited most from learning life skills <b>one-on-one</b> .	1	2	3	4	5
	I benefited most from learning life skills in a <b>group setting</b> .	1	2	3	4	5
	It was a lot harder to remember and use the things I learned in life skills classes once I was on my own.	1	2	3	4	5
	I have faced a lot of things as an adult that I did not know how to deal with or what they meant.	1	2	3	4	5
	I would like to have someone to talk to about “real life” situations as they come up.	1	2	3	4	5
#	Statement	Low	Agreement with Statement			High
	I am likely to use the internet when looking for resources (school, housing, jobs, community support services, etc.).	1	2	3	4	5

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If there was a one-stop center that I could go to for one-on-one, as well as group support, with budgeting, life skills, healthy relationship skills, college information, job skills and other support, I would go	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
I have an email address and access to the internet.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
I have a cell phone or access to a phone.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
I have a reliable mailing address to receive information about services and program activities.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>